

DOG COMMANDO



HOW TO GET YOUR DOG
TO BARK ON COMMAND

Step 1

Find Your Dog's Bark Trigger



Every dog barks when something happens. This is called the bark trigger. If your dog barks everytime the phone rings, the phone ringing is the bark trigger. Your dog may have other bark triggers, like when seeing a squirrel or a cat.

But, in order to learn how to make your dog bark on command, you need a trigger that you can control.

If you can't control it, you won't be able to train your dog.

Step 2

Triggering



Once you find out what is your dog's bark trigger, use it to get your dog to bark.

I believe this step is pretty easy.

No additional explanation required, right?

Step 3

Anchoring



Yes, this step involves some technical term that NLP (Neuro-Linguistic Programming) practitioners use.

It means to connect an action or emotion to something tangible (e.g. a command).

In this case, we want to anchor the command “BARK” to your dog’s action of barking.

So here’s how to do it.

As soon as your dog barks, say the command “BARK”.

Easy, isn’t it? Let’s move on to the next critical step.

Step 4

Reward

Ah, yes, the most important step of all. To reward your dog.



This can be in the form of treats, verbal praise, petting or anything that will make your dog happy.

Rewards are important to let your dog understand that what he did just now was correct.

Step 5

Repeat



You didn't think that 4 steps was all it takes to get your dog to bark on command, did you?

Repeat the whole process until you're sure that your dog understands that when you say "BARK", it barks.

And since this is a mental exercise for your dog, I recommend you to train no more than 10 minutes each session.

Step 6

What I just taught you is a great way to control your dog's barking. However, if your dog has an excessive barking problem, you need to dig deep into why he barks excessively.

The 20 Minute Dog Method can help you solve your dog's excessive barking using a strategy that requires only 20 minutes a day.

Apart from that, if your dog has other behavior problems such as:

- jumping on people
- likes to dig
- pulls on lead

The 20 Minute Dog Method will be able to solve it too. Come on over and check out how it can help you.

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